



*Introducing
Krishnamurti
to Others*

*The Krishnamurti Foundation of America (KFA)
is a non-profit organization founded by
Jiddu Krishnamurti in 1969.
Email: intro@kfa.org
Ph: 805.646.2726, x 18
www.kfa.org*



Introducing Krishnamurti to Others

GENERAL REMARKS

- Getting help from the KFA
- Adapting the guidelines
- What's in the kit

PART ONE

Getting people to your event

- Grass roots marketing
- Internet listings
- Press listings & releases
- Postcards
- Emails
- Posters

PART TWO

Making the presentation

- Logistics
- Program: suggested outline
- Optional Dialogues
- Materials

PART THREE

After the event

- Follow up with participants
- Getting information to the KFA

MATERIALS

- Presentation: suggested outline
- KFA at a Glance
- Name/Address Form
- Registration Form
- Optional: Orientation on Dialogue (hand out – may be copied)

GENERAL REMARKS

- **Getting help from the KFA**

Thanks for your interest in making a presentation about the work of Krishnamurti. We're happy to assist you in this process. The KFA has been doing these kinds of outreach presentations for several years and we're delighted to have others join us. This "tool kit" is meant to give you a way to get started, to share our experience, and to provide materials you may need.

Our relationship to you in this process is one of support. Here is a distillation of the guidelines we use ourselves:

- Put the primary emphasis on the teachings, not the man. People do want to know about Krishnamurti, but the personal details of his life can occupy all the attention and leave little time or room to focus on his work.
- Be aware of people's tendency to want to explain the teachings, or to ask for explanations. Ask them to explore and avoid giving solutions. This approach seems the most helpful.
- Be accurate about the mandate of the KFA. We exist to preserve the immense legacy of his 60-year work; and to make it available to others as authentically as possible.

We are always available to take your calls or emails if you have questions or feedback. Here is our contact information:

Jaap Sluiter
Ph 805-646-2726, X. 18
Email: jaap@kfa.org

- **Adapting the guidelines**

There is no right or wrong way to do these presentations. Please let each different situation inspire you in a fresh way. We're available if you'd like to talk through anything specific.

- **What's in the kit**

We have enclosed the following items:

1. A suggested marketing plan for your event.
2. A suggested program outline.
3. A brief description of the Dialogue process.
4. A Fact Sheet about the programs of the KFA.
5. A contact form for people who wish to be added to the KFA mailing list.

We used to send DVDs and can do so at your request, but there is now a great deal of material available to show directly from the Internet. See: www.jkrishnamurti.org for video: 7 full talks or conversations broken up in 12-15min segments, plus a half dozen standalone clips of similar length – all in flash format which plays streaming right in your browser; audio: 30 titles of 1 to 1½ hours in length that you can fully download (mp3) onto your computer. On www.kfa.org there is a 17-min introduction to K.



Introducing Krishnamurti to Others

Timeline for an Introductory Event

<i>Date (to be filled in for each event)</i>	<i>Weeks/ Days Out</i>	<i>Event</i>
	15 weeks	<ul style="list-style-type: none"> Secure venue. Lead time is necessary because venues such as public libraries get booked far in advance by many kinds of organizations. Check to see whether they will carry a blurb or listing in their own newsletter. Give them plenty of notice.
	6 weeks	Complete design of any postcard and/or poster you wish to distribute. Include information about parking. Send to printer.
	4 weeks	<ul style="list-style-type: none"> Drop date for a postcard mailing advertising the event. Keep running list of RSVP's. Obtain any materials you may need from the KFA, such as digital photos to accompany press releases, suggested wording for listings, press releases. Write press release and press listing ready for submission. Do a "Save The Date" mass email if you have the opportunity. Mobilize volunteers if you are using them. They can have extra postcards to distribute. Or try printing a business card (we have a template) with the information about your event, that volunteers can distribute . Assign volunteer positions for the Day of the Event, such as help with registration, meter/greeters, etc.
	3	<ul style="list-style-type: none"> Submit press releases and/or listings. Follow up press release submissions one week later with a call. Place Craig's List and Google Event listings.
	2	Put up area posters, if you wish. Most vendors do not like to carry public event posters for more than 2 weeks.
	Day of	Have signage if your venue is confusing.

		Get there in time to set up registration, refreshments if applicable, test audio/visual, be ready for early arrivals.
	Within 3 days	<ul style="list-style-type: none"> • Call the people who attended and get feedback. A personal conversation works much better than a written comment form; and you can encourage them to come to the next one and bring a guest. • Call to thank your volunteers.
	1 week after	Send contact information to KFA so people can be added to the mailing list.

PART ONE

Getting people to your event

- **Grass roots marketing**

A personal invitation puts people at ease and can address whatever spontaneous issues arise. Consider making a small business card with the dates of your upcoming events. Ask each person to take a few and pass them along. If you are hoping to start a group with more than a one-time presentation, you can squeeze a short list of upcoming events onto the card. If you would like a Word template into which you can insert your place, date and time, send an email to jaap@kfa.org. You can then print it out on business card perforated paper.
- **Internet listings**

Both Craig's List and Google Events have local listings. Allow about three weeks in advance.

Craigslist:

www.craigslist.com

1. Select city or state.
2. Under Community, go to Events
3. On upper right corner, click on Post
4. Choose Events (not classes)
5. Fill in the required fields (date, title, description, etc.)
6. Important: When Craig's List sends you an email, click on the link, review your event description, revise if necessary, and **then click POST**.

Google Events:

http://www.google.com/googlecalendar/event_publisher_guide.html

- **Press Listing:**

Your local newspaper probably will publish a short listing if your event is free to the public, which it should be. You can always pass the hat to cover specific costs, rather than charge an admission fee. In general, allow three weeks lead time.

Sample listing:

NAME OF YOUR DIALOGUE/STUDY GROUP (for example, The Harrisburg Krishnamurti Dialogue and Study Group)

KRISHNAMURTI IN THE 21ST CENTURY: A FREE event at (name of venue) on (date or dates, and time). A presentation on the life and teachings of Jiddu Krishnamurti, a provocative author/philosopher of the 20th century whose work focuses on the transformation of consciousness in the individual through self inquiry and observation. The presentation covers the influence of his work, for example in the education field, a half hour film of a Krishnamurti talk, and refreshments. To register, call

_____.

- **Postcards**

A mailing is a good way for people to have Save The Date information on their refrigerator. Perhaps a list of events and dates if you are going to do more than one. Not vital but useful.

- **Emails**
Probably the easiest way to let people know what is coming up. Remember that emails have an extremely short shelf life.
- **Posters**
A luxury, but a nice way to have some kind of a profile in your community.
- **Your venue may carry cards or posters, or put your event in their own newsletter.**
- **Contacting people in your area:**
We are developing our new website and will include a feature for people to add themselves either singly or as dialogue / study groups. In the meantime, limited numbers of people are listed on our current website at the following link:
http://www.kfa.org/map/db_manual_listing.php Click on the arrow to the right of the country name, then scroll down by state.
- **Summary of Krishnamurti's background and teachings:**
This is also available on our website. Go to www.kfa.org and click on **About Krishnamurti**. There is a short bio there; and also an introduction to Krishnamurti written by Dr. David Bohm.

INTRODUCING KRISHNAMURTI AND HIS WORK

SUGGESTED TIMELINE

Time Allocated	Outline of Presentation
1 hour	Arrival, set up: As appropriate - audio/visual technical check, registration set up, display materials, refreshments. Put a fact sheet on each chair.
30 mins	Arrivals and sign in.
15 mins	Welcome and opening remarks: <ol style="list-style-type: none"> 1. Introduce yourself by name. 2. Say how you became involved/inspired, your personal connection. 3. Brief snapshot of Krishnamurti, ending with his charge to the Foundation to spread his uninterpreted, authentic teachings around the world. 4. The work of the KFA. 5. Mission: to preserve and disseminate Krishnamurti's teachings. 6. Relevance of Krishnamurti today. 7. Top Three Programs of the KFA. Add any personal experiences, if you have them. <ul style="list-style-type: none"> o Publishing (Dissemination) o Global Digital Archive (Preservation) o Oak Grove School for children and Krishnamurti Educational Center for adults, offering the Krishnamurti Library and Pepper Tree Retreat as well as: Theme weekends, 'Educating the Educator', Study intensives, 'Think on these Things' video interviews and Intern Student programs. (Education)
30 mins	K Movie
7 mins	Introduction of a second person, if you have one. A simple personal story of why this person connected to Krishnamurti's teachings.
5 mins	Q & A: take limited questions. End the presentation and ask people to drop off their Name/Address contact form if they haven't already done so. Introduce the Optional Dialogue Session if you are going to have one.
45 mins	Optional Dialogue Session.
3 mins	Farewells and reminder about Name/Address contact form.
Post Event	Call the participants (as many as you can). Thank them for coming. Listen to any comments. Give them the date of the next presentation. Suggest they feel free to invite someone else to come to the next one.
	Communicate back to the KFA with names/addresses, etc.

PART TWO

Making the presentation

- **Logistics**

These kinds of presentations work well for small groups or large groups. Be sure to secure your location with enough lead time to market your event. You will need about a month for marketing. Audio/visual equipment is a necessity. Usually you will not need a microphone unless you have an enormous group. Make sure you have a table for signing people in. For our free events, we find that about 25% to 30% of the people who say they are coming will not show up on the day.
- **Program: suggested outline (see Materials section)**

This is the result of a lot of experimentation and feedback, and we feel it best represents the importance of the teachings, AND the work of the foundation in making them available. People need to know about both if they are to avail themselves of the full range of exploration that the KFA can facilitate. **You'll find this outline in the Materials section.**
- **Optional Dialogues**

We have done outreach presentations with and without an **optional** short dialogue (45 minutes) at the end of the meeting. If you are inspired to try this, we find that breaking into groups of about 10 to 15 is optimum. We don't recommend trying to do the dialogue process with a very large group. If you have two or more dialogue break-out groups, you would need some kind of help with a facilitator in each group who understands something about the dialogue process. Sound may be a problem if groups are too close together. **For further remarks on the dialogue process, please consult the handout in the "Materials" section.**

PART THREE

After the event

- **Follow up with participants**

We have found that relationship continues to be the best way for the Foundation to understand the effects of its programs, and you may also want to get some feedback. It's fine to call a selection of participants within a few days after the program and ask them what they thought. If they enjoyed the presentation, encourage them to come to the next one, and perhaps bring someone with them. You will quickly find that you have willing helpers with registration, marketing, and in other ways.

- **Getting information to the KFA**
 - **Feedback:**

We very much want to hear back from you about your experience. Perhaps it will help us make these guidelines more helpful, or give us some insight into how people are relating to Krishnamurti's work. So please give us a call when you're done.
 - **Putting people on the mailing list:**

Remind people that they can sign up for our e-Newsletter or the Daily Quote by sending an email to kfa@kfa.org

- **DVDs:**

Since the KFA operates at a significant loss each year, and the number of dialogue/study groups is growing in leaps and bounds, a compromise might be to purchase a new series of DVDs or CDs at a discount. Perhaps the participants in your group could pool some money to do this. We will certainly help as much as we can, but it would be good to cover our costs for reproduction and mailing.

- **Don't forget:**

Send us your information once you have your group going, so we can add it to the list of Friends of KFA: Dialogue & Video Showings.

 - Title of your group:
 - Name of Coordinator:
 - Address
 - Phone
 - Email
 - Website
 - Names of participants, if they would like.

And THANK YOU for sharing this experience with us. We want to support you in every way we can. Once again, here are our contact numbers.

Jaap Sluijter
Ph 805-646-2726, X. 18
Email: jaap@kfa.org

MATERIALS

General Remarks on Materials

Materials provided

1. **Program: suggested outline**

Adapt as makes sense, but try to make it personal, and where possible, include other speakers as a way of sharing more and getting away from the “talking heads” syndrome.

2. **A brief description of the Dialogue process – may be photo-copied.**

You may want to share this with others so that everyone has the same orientation on the process.

3. **Fact Sheet – to be photo-copied for each participant.**

So little is known about the work of the KFA that we have found it useful to provide a fact sheet to participants about the Foundation’s major programs and our non-profit financial status quo. We hope that many participants will want to explore our websites, perhaps sign up for the Daily Quote, or otherwise be interested in our Dialogue programs, the Krishnamurti Retreat, the online catalog of publications, and so on.

Resources:

- www.kfa.org/ - Krishnamurti Foundation of America
- www.jkrishnamurti.org/ - online repository of authentic teachings, full text search, audio/video
- jkrishnamurti.ning.com or www.kfa.org/forum - online communities
- www.PepperTreeRetreat.com/ - KFA’s bed and breakfast Retreat and Education Center

4. **Name and Address with Permission.**

We would like your help in adding people to our mailing list, if they so choose. We’ve enclosed a form that can be Xeroxed and trimmed (3 to a sheet). It helps to assign a volunteer who can make sure people fill these out and turn them in. You can return them to us by mail; or by email if they end up in a computerized format.

The advantages of being on our mailing list include the following:

- Early information about new publications and programs.
- Invitations to Dialogue Retreat weekends.
- News about programs for college students, educators, adults wishing to do study and dialogue retreats.
- Annual catalogue of publications.
- Updates on downloadable materials: where to go and what’s available.
- Print newsletter of the KFA, “Foundation Focus,” published several times a year.
- E-Newsletters sharing readers’ perspectives and giving a calendar of our outreach presentations.
- Periodic reports on the activities of Oak Grove School, such as the Environmental Science Program, the annual 12th grade trip to India, ‘Educating the Educator’, Intern Student and Study Intensive programs, Theme weekends, ‘Think on These Things’ video interviews and much more.

We do not share our mailing list with anyone

The Presentation

Note: Depending on whether you are giving a one-time presentation to a discreet group, or meeting regularly with the same people, **this outline can be adapted**. Our experience of presenting multiple times in the same geographic area is to use the basic outline of the presentation, but to try to talk about Krishnamurti and the Foundation's programs in a fresh way each time.

Time Allocated	Outline of Presentation
1 hour prior to start time.	Arrival, set up: As appropriate - audio/visual technical check, registration set up, display materials, refreshments. Put a fact sheet on each chair.
30 mins prior	Arrivals and sign in. EVENT COMMENCES
15 mins	Welcome and opening remarks: <ol style="list-style-type: none">1. Introduce yourself by name.2. Say how you became involved/inspired, your personal connection.3. Brief snapshot of Krishnamurti:<p>Krishnamurti was a world-famous teacher in the 20th century, born in India at the end of the 19th century, discovered by the Theosophists, educated in England and on a trajectory to be the new "World Teacher" for the ages. Then he took an extraordinary turn. In 1929, at the age of 32 and at one of the enormous annual European gatherings of the Theosophists in Holland, he announced his decision to step down from any formal role or plan to promote him as a World Teacher, resigned as figure head of the Theosophists, and cut all ties to any notion of a religious or spiritual organization. This was followed immediately by a "core" statement, summarized as "<i>Truth Is A Pathless Land: Man cannot come to it through any organization, through any creed, through any dogma, priest or ritual, not through any philosophic knowledge or psychological technique. He has to find it through the mirror of relationship, through the understanding of the contents of his own mind, through observation and not through intellectual analysis or introspective dissection.</i>" For the rest of his long life, he taught not as an authority but as an investigator looking into life's fundamental issues through questioning all assumptions, and challenging his listeners to do the same.</p><p>The body of his work is enormous, some estimate it at more than 100 million words; 60 years of more or less uninterrupted appearances around the world. His charge to the Foundations at his death in 1986 was to spread his uninterpreted, authentic body of work around the world. And that remains the mission of the three major foundations that he formed — not to convert or proselytize, but to simply make available everything that he poured forth.</p><p>Today, that mission remains as urgently needed and as relevant as ever. Why is that? Because most of mankind's thinking is driven by dualistic comparison, by</p>

judgment of one thing in relation to another, by the force of debate, logical treatise, and belief systems that perpetuate themselves through the power of conditioning.

Even now, in the face of overwhelming evidence that theistic, authoritarian, and even democratic structures cannot deeply address the world's divisions, we cling to the belief that symptoms imply a logical solution, and we're driven to find those solutions within the context of our inherited structures.

Krishnamurti offers a way to examine all of one's assumptions about self, other, life in general, in a much more profound and deep way – through a commitment to self awareness. This is a personal process of discovery, not a self-help project that depends on techniques and methodologies. It demands living fully in the moment, every moment, and therefore has tremendous transformative power. Krishnamurti referred to this potential as a “change in consciousness” and said himself that he wanted to “set mankind unconditionally free” – to see without blinkers, to experience without filters, to act without guile or dependence on strategies rooted in memories of the past or projections about the future.

30 mins

K Movie

Give the name of the DVD and the section title that will be screened.

10 mins

Q & A

Take three questions and then try to close out the Q & A.

“We have time for just a few questions, and I'd like to close with some information about the Krishnamurti Foundation's programs – how they're working to share this with others.”

Try to approach answering questions in the style of inquiry, rather than providing answers, unless they are simple logistical questions that might be answered from personal experience or from the project information below.

15 mins

The work of the Krishnamurti Foundation

You may be wondering about how all this is being spread in the world, who it's reaching, and where it's going from here. The work of the KFA reflects the various ways that Krishnamurti himself engaged with others. First, of course, is the necessity of preserving the legacy of his teachings, so that what he said and how he said it can be shared.

Digital Archive

The Krishnamurti Foundations are currently building a digital archive with the capacity to convert to digital storage every audio tape, video tape, written talk, stenographer's notes (from the early days), photographs, letters he wrote, and so on. Once digitized they are protected from what is already significant deterioration in some cases; and they are in a format that can easily generate published materials. Examples are books now published from digital files (there are more than 60 books in print); CDs of his many audio talks; and DVDs that can be subtitled into many languages.

Internet

Digitization lends itself to sending the teachings around the world via the internet. The Foundations have created a website – www.jkrishnamurti.org – where people from anywhere there is Internet access can search the entire published (and some previously unpublished) text collection of Krishnamurti's teachings. Additionally there is video and audio material available – all for free. People can sign up for a Daily Quote email

service. KFA also has an online bookstore, a monthly e-Newsletter, and sponsors reader forums – www.kfa.org/forum or krishnamurti.ning.com – for online discussion.

Education

Education was another topic that Krishnamurti explored throughout his life. He founded seven schools in [India](#), one in [England](#) and one in California, [Oak Grove School](#). In these schools students learn about observation and inquiry as a way to explore both their own minds and reactions and to give free reign to their curiosity about life and their relationships. Connection to the natural world is integrated into the daily environment; and academics are regarded as part of a whole education, not an isolated accomplishment driven by competition and reward.

Most urgent needs

- Retreat style residential programs for young adults, ages from 18-30, at a crossroads in the direction of their lives.
- Contemplative programs for adults wishing to explore the deeper meaning of their life's trajectory.
- Preservation of the archival holdings, and digitization of Krishnamurti's work so it can be made available to others.
- Construction of a new internet portal that will provide huge amounts of Krishnamurti's work free to all – text, video and audio.
- The Pepper Tree Retreat and Education Center in Ojai, utilizing the buildings Krishnamurti lived in, and expanding the capacity for residential and day programs.
- Support for Oak Grove School, so it can close its 18% funding gap and ensure a diverse student body from every economic strata and part of the world.
- Support for small groups of new and experienced teachers exploring a revolution in education, inspired by Krishnamurti's seminal work.

The Pepper Tree Retreat and Krishnamurti Educational Center attract people from all over the world who come to learn about themselves using Krishnamurti's teachings as a basis for inquiry. The Educational Center hosts speaker panels, dialogue groups, conferences, and study programs within a context of cooperative, shared inquiry into the fundamental questions of human life. Example are the week-long summer, winter and spring in-depth [Study Intensive](#) programs and the [Educating the Educator](#) teacher education program. The Center is a forum, and takes no positions except to encourage a spirit of inquiry on the part of those who choose to come and participate. See www.kfa.org/events-calendar.php for current schedule.

The Educational Center includes the Krishnamurti Library and Visitor Center in Pine Cottage, Krishnamurti's former home in Ojai. The [Pepper Tree Retreat](#) is also located on the grounds. It is open to visitors who wish to enjoy the beauty of the Ojai Valley's tranquil East End for an extended stay.

The grounds and facilities are available to groups interested in holding events that correspond with the intent and quietness of the place. It comprises three environments suitable for group use:

1. Pine Cottage, a program center whose main room can accommodate up to 100 people.
2. The Pepper Tree Retreat, a newly restored guest house with ten suites, all with

- their own bathrooms, also includes large living room and dining areas.
3. The Krishnamurti Archives/Administration building, offering a conference room suitable for small to mid-sized business meetings or planning retreats (up to 30 people).

If the facilities and use agreements are suitable for your organization, any combination of the three facilities may be used. For more information, contact us at 805-646-4773 or send an email to retreat@kfa.org.

Digitization and Publishing remain a primary concern. Fifty percent of Krishnamurti's work has never been published. That speaks to the size of the collection, and to the need for resources, both labor and money, to accomplish such an enormous task. It is likely that when the collection is fully digitized it will exceed 100 terabytes.

Publishing is not only to make available the unshared 50% of Krishnamurti's work, but to annually increase the number of foreign language editions for books, to subtitle more and more of the DVD collection; and to create special projects for discreet groups such as university students, study groups, mental health care professionals, educators, and so on. The KFA, in close collaboration with KFT in England, has attended book fairs around the world: in Miami, Guadalajara, Cape Town (South Africa), Beijing, Frankfurt, New York, Moscow. At each one we expand our publishing contracts, including foreign language editions; and increasingly books with companion CDs.

Oak Grove School must be nourished and kept strong so that its particular kind of "revolutionary education" can be shared with others. Because the school's size is deliberately kept small, sharing will be accomplished not by expansion of the school, but through projects like 'Educating the Educator'. This is currently a 9-day residential program for anyone interested in studying Krishnamurti's approach to education and to questioning our assumptions about teaching and learning. We hope that it will become a year-round program where there is always a group of outside educators observing and studying and taking back out into the world the core dynamic of the school. And we hope to host and participate in national and international conferences on education.

- 7 mins **Introduction of a second person, if you have one.**
Coming full circle, and since Krishnamurti was not daunted by the prospect of a change in world consciousness being one person at a time, I'd like to introduce _____ who can speak about what Krishnamurti's work has meant to him/her.
- An invited guest speaks about how they ran into the teachings and what that has meant in their life.
- 5 mins **End the presentation** and ask people to drop off their Name/Address contact form if they haven't already done so. Introduce the Optional Dialogue Session if you are going to have one.
- 45 mins **Optional Dialogue Session.**
Consult the guidelines given in the "Materials" section.
- 3 mins **Farewells and reminder about Name/Address contact form.**
Post Event Call the participants (as many as you can). Thank them for coming. Listen to any comments. Give them the date of the next presentation. Suggest they feel free to invite someone else to come to the next one.
Communicate back to the KFA with names/addresses, etc.

DIALOGUE

Hand Out

General remarks on dialogue

Dialogue is an opportunity for deep inquiry, both revealing the formative influences of beliefs, ideas, and opinions, and potentially going beyond them. Dialogue is not a means to an end. We are not attempting to arrive at any conclusions, but rather to explore without a fixed goal.

This requires openness and vulnerability and a willingness to investigate the unknown. This movement in “not knowing” has its own strength. It is important to the process of “thinking together”.

When Krishnamurti says “the word is not the thing” he seems to be referring to this phenomenon of the word taking the place of the direct perception of reality. We cannot see the fact because the word is in the way. Here and now it may be possible to arrest the mind in its verbal flow, trace it back to its source, and be with “*what is*”.

A few points:

- dialogue starts from a willingness to be tentative about what you know; the focus is on *what is*, rather than ideas or opinions
- you can participate by verbally sharing perceptions or silently listening, which is also a form of sharing, letting the issues unfold in affection and mutual respect
- when a reaction arises, it is neither suppressed nor defended. Instead reactions can be suspended in the mind and in the group, keeping them available for observation and questioning
- dialogue is being together and seeing together in an unfolding relationship

We are often unable to remain still and observe the fact of what is taking place inside the mind - our reactions of fear, frustration, boredom, daydreaming, the desire to get somewhere, occasionally even anger - instead we often try to move the dialogue into a domain that is meaningful to us. However, if participants pay attention to the movement of the thinking process, both within themselves and in others, then the dialogue may move to greater depths on its own, through the act of observing what is taking place, without attempting to move anywhere else. Then any subject under consideration can be useful in exploring the nature of human beings.

Krishnamurti on Dialogue

We are having a dialogue, which means a conversation between people who are concerned about certain problems of human beings and want to go into them deeply, with care and affection, not any form of assertion or argument. A dialectical method seeks to find out the truth through opinions. But we are not investigating dialectically. Rather, we are like two friends talking over their human problems together who hope to solve them and discover truth.

I am afraid there is a great deal of misapprehension that we are trying to find a technique to truth, which means practicing a method that will help you come upon truth. We deny there is any such technique. Truth is a pathless land, you can't lay down a line, a direction, a path to it, and then practice it, discipline yourself, learn a technique.

— J Krishnamurti

To Be Human, Krishnamurti Foundation Trust, 2000, pg.19

Resources:

www.kfa.org/ - Krishnamurti Foundation of America

www.jkrishnamurti.com/ - online repository of authentic teachings, full text search, audio/video

<http://jkrishnamurti.ning.com/> - online community

<http://www.PepperTreeRetreat.com/> - KFA's bed and breakfast Retreat and Education Center